MACFIT ANKAMALL MART DERS PROGRAMI

PAZARTESİ

SAAT	DERS	STÜDYO	EĞİTMEN
10:00-10:30	Gfx-Easy	Floor	TOLGA
12:30 - 13:00	FIT DANCE	Studio	BERNA
13:00-13:30	FIT DANCE	Studio	BERNA
17:30-18:00	Gfx-Easy	Floor	BERK
18:00-18:30	Express Cycling	Cycle	YİĞİT
18:30 -19:00	Express Cycling	Cycle	YİĞİT
18:30 -19:20	Pilates	Studio	BERNA
19:00-19:30	Express Cycling	Cycle	FERDİ
19:30-20:00	FIT DANCE	Studio	BERNA
20:00-20:30	FIT DANCE	Studio	BERNA
20:00-20:30	Gfx-Easy	Floor	YİĞİT
19:30-20:00	Express Cycling	Cycle	FERDİ
20:40-21:30	Macstronger	Studio	FERDİ

SALI

SAAT	DERS	STÜDYO	EĞİTMEN
11:00-11:30	Gfx-Easy	Floor	MUHAMMET
12:30 - 13:20	Pilates	Studio	MUHAMMET
17:00-17:30	Gfx-Easy	Floor	YAMAÇ
18:00 - 18:30	Express Cycling	Cycle	YİĞİT
18:00 - 18:30	Gfx-Easy	Floor	ERDEM
18:30 -19:00	Express Cycling	Cycle	YİĞİT
18:30 - 19:00	Pilates	Studio	YAMAÇ
19:00 - 19:30	Pilates	Studio	YAMAÇ
19:00 - 19:30	Express Cycling	Cycle	TOLGA
19:30 - 20:00	Express Cycling	Cycle	TOLGA
20:00:20:50	Macstronger	Studio	ERDEM

ÇARŞAMBA

SAAT	DERS	STÜDYO	EĞİTMEN
11:00-11:30	Gfx-Easy	Floor	TOLGA
12:30 - 13:00	Express Cycling	Cycle	TOLGA
13:00 - 13:30	Express Cycling	Cycle	TOLGA
15:30-16:00	Gfx-Easy	Floor	YİĞİT
17:00-17:30	Gfx-Easy	Floor	FERDİ
17:30-18:00	Gfx-Easy	Floor	BERK
18:30 -19:00	Express Cycling	Cycle	FERDİ
19:00 - 19:30	Express Cycling	Cycle	FERDİ
18:30 - 19:20	Pilates	Studio	BERNA
19:30 - 20:00	Express Cycling	Cycle	BERK
20:00-20:30	Express Cycling	Cycle	BERK
19:30 - 20:00	FIT DANCE	Studio	BERNA
20:00-20:30	FIT DANCE	Studio	BERNA
20:40-21:30	Macstronger	Studio	ERDEM
21:00-21:30	Gfx-Easy	Floor	BERNA

PERŞEMBE

SAAT	DERS	STÜDYO	EĞİTMEN
11:00-11:30	Gfx-Easy	Floor	BERK
12:30 - 13:20	Macstronger	Studio	BERK
17:00-17:30	Gfx-Easy	Floor	FERDİ
18:45 - 19:35	Pilates	Studio	FERDİ
19:00-19:30	Express Cycling	Cycle	AHMET
19:30-20:00	Gfx-Easy	Floor	OZAN
19:30-20:00	Express Cycling	Cycle	AHMET
19:45-20:35	Macstronger	Studio	ERDEM
20:30-21:00	Gfx-Easy	Floor	FERDİ
21:00-21:30	Gfx-Easy	Floor	ERDEM

CUMA

SAAT	DERS	STÜDYO	EĞİTMEN
11:00-11:30	Gfx-Easy	Floor	MUHAMMET
12:30 - 13:20	Pilates	Studio	MUHAMMET
15:00-15:30	Gfx-Easy	Floor	FERDİ
17:30-18:00	Gfx-Easy	Floor	ERDEM
18:45-19:15	Express Cycling	Cycle	YİĞİT
18:45-19:35	Pilates	Studio	BERNA
19:15-19:45	Express Cycling	Cycle	YİĞİT
19:40-20:10	FIT DANCE	Studio	BERNA
20:10-20:40	FIT DANCE	Studio	BERNA
20:30-21:20	Gfx-Easy	Floor	YİĞİT
20:50-21:40	Macstronger	Studio	ERDEM

CUMARTESİ

SAAT	DERS	STÜDYO	EĞİTMEN
11:00-11:30	Gfx-Easy	Floor	AHMET
12:30-13:00	Gfx-Easy	Floor	TOLGA
14:30-15:20	Macstronger	Studio	TOLGA
16:30-17:20	Pilates	Studio	MUHAMMET
17:00-17:30	Express Cycling	Cycle	BERK
17:30-18:00	Express Cycling	Cycle	BERK
18:00-18:30	Gfx-Easy	Floor	MUHAMMET

PAZAR

SAAT	DERS	STÜDYO	EĞİTMEN
14:00-14:50	Pilates	Studio	YAMAÇ
16:00-16:50	POWER Yoga	Studio	BERK
17:00-17:30	Express Cycling	Cycle	BERK
17:30-18:00	Express Cycling	Cycle	BERK
18:30-19:00	Gfx-Easy	Floor	YAMAÇ

NOTLAR

Grup Derslerimiz İçin Mobil Aplikasyonumuzdan Randevunuzu Almayı Unutmayınız..!