

PAZARTESİ				SALI				ÇARŞAMBA				PERŞEMBE			
SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN
09:00-09:50	Pilates EQ	Studio	BARIŞ	10:00-10:50	Pilates	Studio	MEHMET	09:00-09:30	GFX MOVE	Gym	METİN	10:00-10:50	Aore Hat	Studio	EMRE
10:00-10:30	GFX MOVE	Gym	BARIŞ	11:00-11:50	Body Fit	Studio	MUHAMMET	10:00-10:50		Studio	İREM	11:00-11:50	Pilates	Studio	BARIŞ
10:40-11:30	Pilates	Studio	BARIŞ	12:00-12:30	GFX MOVE	Gym	MUHAMMET	11:00-11:50	Pilates	Studio	KÜBRA	12:00-12:50	Body Fit	Studio	YAKUP
11:40-12:30	YOGA	Studio	ÖZLEM	12:30-13:00	Crunch&Burn	Studio	MUHAMMET	13:00-13:30	Crunch&Burn	Studio	KAAN	13:00-13:30	Crunch&Burn	Studio	YAKUP
				13:10-13:40	Stretching	Studio	MUHAMMET								
16:50-17:40	Body Fit	Studio	MUHAMMET									17:00-17:30	Stretching	Studio	İREM
17:50-18:20	Stretching	Studio	MUHAMMET	17:00-17:30	Stretching	Studio	KÜBRA	18:30-19:00	Crunch&Burn	Studio	YAKUP	18:00-18:30	Crunch&Burn	Studio	METİN
18:30-19:00	Crunch&Burn	Studio	KÜBRA	17:30-18:00		Studio	EMRE	19:00-19:50	Pilates	Studio	MEHMET	19:00-19:30	GFX GO	Gym	METİN
19:00-19:50	Pilates	Studio	KÜBRA	18:00-18:30	Crunch&Burn	Studio	EMRE	20:00-20:50	Body Fit	Studio	BURAK	19:00-19:50	Pilates	Studio	MUHAMMET
20:00-20:50		Studio	İREM	19:00-19:50	Aore Hat	Studio	MURAT	20:30-21:00	GFX EXTREME	Gym	BARIŞ	20:00-20:30	GFX GO	Gym	MUHAMMET
20:30-21:00	GFX MOVE	Gym	YAKUP	20:00-20:30	GFX GO	Gym	MURAT	21:00-21:30	GFX GO	Gym	BARIŞ	20:00-20:30		Studio	MURAT
21:00-21:30	GFX EXTREME	Gym	YAKUP	20:30-21:20	ENERGY STEP	Studio	KAAN	21:00-21:30		Stüdyo	MURAT	21:00-21:30	Crunch&Burn	Studio	KÜBRA
CUMA				CUMARTESİ				PAZAR				NOTLAR			
SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN				
10:00-10:50	Aore Hat	Studio	MURAT	10:00-10:50		Studio	İREM	10:00-10:30	Crunch&Burn	Studio	METİN				
11:00-11:50	Body Fit	Studio	BURAK	11:00-11:50	Pilates	Studio	KÜBRA	12:00-12:50	Mac Stronger	Studio	MURAT				
13:00-13:50	Mac Stronger	Studio	EMRE	12:00-12:50	YOGA	Studio	KÜBRA	13:00-13:30	GFX EXTREME	Gym	MUHAMMET				
				13:00-13:50	Body Fit	Studio	KAAN								
17:00-17:30	Stretching	Studio	BARIŞ												
17:30-18:20	Pilates	Studio	BARIŞ												
18:30-19:00	Crunch&Burn	Studio	YAKUP												
19:00-19:50	YOGA	Studio	ÖZLEM	16:00-16:30		Studio	EMRE								
20:30 - 21:20	ENERGY STEP	Studio	KAAN	18:00-18:50	Mac Stronger	Studio	BURAK	18:30-19:20	BODY FIT	Studio	YAKUP				