

PAZARTESİ				SALI				ÇARŞAMBA				PERŞEMBE			
SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN
09:30-10:00	Exp. Cycling	Cycling Stüdyo	GÜL	11:00-11:50	Pilates	STÜDYO	BAKİ	11:00-11:30	Exp. Body Fit	STÜDYO	BURAK	09:30-10:00	Exp. Cycling	Cycling Stüdyo	ÖMER
11:00-11:50	Pilates	STÜDYO	BURAK	12:00-12:30	GFX GO	GYM	BAKİ	11:30-12:00	ABS. Crunch	STÜDYO	BURAK	11:00-11:30	Exp. Body Fit	STÜDYO	BAKİ
12:00-12:30	GFX GO	GYM	BURAK	16:00-16:30	Exp. Cycling	Cycling Stüdyo	YİĞİT	14:30-15:00	Exp. Cycling	Cycling Stüdyo	YİĞİT	11:30-12:00	ABS. Crunch	STÜDYO	BAKİ
14:00-14:30	GFX GO	GYM	BURAK CAN	16:30-17:00	ABS. Crunch	STÜDYO	YİĞİT	15:00-15:30	GFX GO	GYM	YİĞİT	12:30-13:00	Exp. Cycling	Cycling Stüdyo	BAKİ
14:30-15:00	ABS. Crunch	STÜDYO	BURAK CAN	18:00-18:30	GFX GO	GYM	ÖMER	15:30-16:00	ABS. Crunch	STÜDYO	YİĞİT	17:00-17:30	GFX GO	GYM	FERHAT
16:00-16:30	Exp. Cycling	Cycling Stüdyo	İLHAN	18:30-19:00	Exp. Body Fit	STÜDYO	FERHAT	17:00-17:30	ABS. Crunch	STÜDYO	GÜL	17:30-18:00	ABS. Crunch	STÜDYO	FERHAT
16:30-17:00	ABS. Crunch	STÜDYO	İLHAN	19:00-19:30	Exp. Cycling	Cycling Stüdyo	İLHAN	18:00-18:30	GFX GO	GYM	ÖMER	18:30-19:00	Exp. Body Fit	STÜDYO	BURAK
17:00-17:30	GFX GO	GYM	UMUT	19:30-20:00	Exp. Cycling	Cycling Stüdyo	ÖMER	18:00-18:30	Exp. Cycling	Cycling Stüdyo	GÜL	20:00-20:50	Zumba	STÜDYO	FEVZİ
17:30-18:00	ABS. Crunch	STÜDYO	UMUT	20:00-20:30	Exp. Cycling	Cycling Stüdyo	ÖMER	18:30-19:00	Exp. Cycling	Cycling Stüdyo	ÖMER	20:30-21:00	Exp. Cycling	Cycling Stüdyo	YAREN
19:00-19:30	Exp. Body Fit	STÜDYO	YİĞİT	20:00-20:50	Zumba	STÜDYO	FEVZİ	20:00-20:50	Pilates	STÜDYO	ONUR	21:00-21:30	Exp. Cycling	Cycling Stüdyo	YAREN
20:00-20:50	Pilates	STÜDYO	BAKİ	20:30-21:00	GFX GO	GYM	YAREN	20:00-20:30	Exp. Cycling	Cycling Stüdyo	İLHAN	21:00-21:30	Crunch&Burn	STÜDYO	BURAK CAN
20:00-20:30	Exp. Cycling	Cycling Stüdyo	ÖMER	21:00-21:30	Exp. Body Fit	STÜDYO	BURAK CAN	20:30-21:00	Exp. Cycling	Cycling Stüdyo	İLHAN	21:30-22:00	GFX GO	GYM	BURAK CAN
20:30-21:00	Exp. Cycling	Cycling Stüdyo	ÖMER	21:30-22:00	Exp. Cycling	STÜDYO	GÜL	21:00-21:30	GFX GO	GYM	BAKİ				
21:00-21:30	Exp. Body Fit	STÜDYO	ONUR	22:00-22:30	ABS. Crunch	STÜDYO	GÜL	21:30-22:00	ABS. Crunch	STÜDYO	BAKİ				
21:30-22:00	Exp. Cycling	Cycling Stüdyo	ONUR												
CUMA				CUMARTESİ				PAZAR				NOTLAR			
SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN	SAAT	DERS	STÜDYO	EĞİTMEN				
09:30-10:00	Exp. Body Fit	STÜDYO	FERHAT	10:00-10:30	Exp. Body Fit	STÜDYO	İLHAN	10:00-10:50	Pilates	STÜDYO	BURAK CAN				
11:00-11:50	Pilates	GYM	GÜL	10:30-11:00	ABS. Crunch	STÜDYO	İLHAN	12:00-12:30	Exp. Cycling	Cycling Stüdyo	YAREN				
12:00-12:30	GFX GO	GYM	GÜL	13:00-13:30	Exp. AERO H.A.T	STÜDYO	GÜL	12:30-13:00	Crunch&Burn	STÜDYO	YAREN				
16:30-17:00	Exp. Cycling	Cycling Stüdyo	YİĞİT	13:30-14:00	ABS. Crunch	STÜDYO	GÜL	14:00-14:30	GFX GO	GYM	ONUR				
18:00-18:30	Exp. Body Fit	STÜDYO	YİĞİT	14:00-14:30	GFX GO	GYM	BURAK CAN	14:30-15:00	ABS. Crunch	STÜDYO	ONUR				
19:00-19:30	Exp. Cycling	Cycling Stüdyo	ONUR	14:30-15:00	ABS. Crunch	STÜDYO	BURAK CAN	18:00-18:30	GFX GO	GYM	BAKİ				
19:30-20:00	ABS. Crunch	STÜDYO	ONUR	16:00 - 16:30	Exp. Cycling	Cycling Stüdyo	ÖMER	19:00-19:30	Exp. Body Fit	STÜDYO	YİĞİT				
20:00-20:50	Pilates	STÜDYO	BURAK	16:30 - 17:00	Crunch&Burn	STÜDYO	ÖMER								
20:00-20:30	Exp. Cycling	Cycling Stüdyo	UMUT	18:00-18:30	Exp. Body Fit	STÜDYO	UMUT								
21:00-21:30	GFX GO	GYM	ONUR	19:00-19:30	GFX GO	GYM	FERHAT								
21:30-22:00	Exp. Cycling	Cycling Stüdyo	ONUR												



Grup derslerimiz için mobil uygulamamızdan randevunuzu almayı unutmayınız.